

November 5-7, 2009

Girls Ministry - Angela Abbatiello

Do you long to let your life impact others? Have you dared to ask the Lord to increase your sphere of influence? Come join us as we explore the new face of girls' ministry today! This workshop will include such topics as investing in the girls He brings to you, guidance and wisdom for mentoring, confidentiality, and examining the dynamics of effective leadership in small groups.

Angela Abbatiello makes her home in Raymond, Maine with husband, Dan, and loves ministering to girls of all ages. As a former fifth grade elementary teacher, she has mentored a number of her students sharing in their lives right into adulthood. For her there is no sweeter joy!

Defining Moment - Yvonne Beals

What you believe about Jesus Christ will define your identity in relationship with your Heavenly Father, your spouse, your family, your church and your community. Come join other ladies like yourself to a defining moment where with confidence you can apprehend the purpose for your life: Who am I? Why am I here? and Where am I going? "He is the Vine and we are the branches" based on John 15.

Yvonne is a certified Christian Life Coach and CEO of Ladies of Destiny, a life coaching practice in Maine. Her passion is to collaborate with ladies on life issues that matter most to them, encouraging them to allow the petals of their lives to unfold in His love.

Inside Out - Rev. Abigail Cyr

A relationship with Jesus offers total transformation, yet often we stop short of allowing Him entrance into those places within us that are hidden beneath the surface. If you desire to have "A whole, healed, put-together life right now, with more and more of life on the way!" come find out what it means to live Inside Out! We'll discover the importance of being emotionally healthy; explore the process of moving from awareness to transformation; learn how to deal with the past so we can live in the present; and be inspired to grow in love and maturity as authentic Christ-followers. "Who needs a doctor: the healthy or the sick? I'm here inviting outsiders, not insiders - an invitation to a changed life, changed inside and out." - Jesus

Abi and her husband, Joe, planted and co-pastor Life! Church, a growing theater church in Hooksett, New Hampshire. Abi is passionate to reach people with the message of life in Jesus and to see the lost become found and the found become whole. Abi's teaching style is illustrated, practical, fun, and applicable to everyday life. Her greatest learning experiences and joy stem from being the mother of four entertaining and amazing children.

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Craft: Stamped Gifts - **Angela Dell'Erba** (\$6 fee) (10 Maximum)

Angela enjoys teaching the art of stamping to women who need a creative outlet in their lives. Because stamping is so versatile, any crafter can implement stamping into their lives: creating scrap books, cards, gifts and gift packaging, and home décor. Stamped gifts include: Pop-top can, Chipboard treat box, Acrylic post-it note holder or calendar with pen

Angela is a stay-at-home mom, pastor's wife, Stampin' Up! Demonstrator and fitness trainer. Besides her love of stamping, she also enjoys teaching Health, Physical Education and coaching basketball.

Homeschooling - Tammi DiFranco

This workshop will cover the basics of homeschooling. We will discuss learning styles, how to teach children of different ages and how to choose a curriculum that is right for you. There will also be a question and answer session.

Tammi lives in St. Albans, VT. She attends Church of the Rock where her husband Brian serves as an Elder. She has been coordinating Mpart Girls for four years and homeschooling her two children for three years. Before homeschooling her children, she completed her Masters Degree and worked at a local non-profit.

Growing God's Vision For Your Life - Vicki Drew

All of us hope that our lives will have meaning and purpose. Many struggle in prayer to know the will of God. If that is truly the motive of our hearts, then the Father is glad to show us. He gives us vision; hope with a blueprint. When vision guides our lives, it impacts our daily choices, our routines, and even our relationships. Vision requires an investment that is only for the courageous in Christ who understand that this life is not all that there is. In this session we will look at how we can acquire vision and begin the process of creating a personal mission statement so that God's perfect design for you can bear much fruit. (Hebrews 12:2 ... the Message)

Vicki resides in Windham, Maine and attends Windham AG Ministries. She is a mentor for a high school girls group named SACRED and is excited to see how God is moving powerfully in the lives and hearts of young people around the country.

Being Pulled in 1,000 Different Directions

- Rev. Dana Galbraith

Let's face it - life can get busy. Real busy! There are times in our life when we feel as though we are being pulled in a thousand different directions regardless of where we are on the continuum of life. Stress mounts and problems occur. Yet the Lord's directive remains clear- seek My peace. Drawing from Jesus' teaching on the Good Shepherd, Dana will present practical insight on finding rest in the presence of an Almighty Savior. He longs to give us peace in spite of the storms of life, but we must listen to His voice and live as daughters of the King.

Dana is an ordained minister with the Assemblies of God. Her husband is the lead pastor of Windham AG Ministries, where Dana serves as Children's Pastor. She is a mother of three and continues to work as a registered nurse (ultra part-time). The balancing act of life is forever on the forefront of her life.

Autism - Christel King

Autism is now at an all time high, affecting more than 1 out of 150 children or 1 in 36 families in America. Do you know a child that has regressed in or is not developing in speech, limited their diet to certain kinds of food, has out of control tantrums, is socially awkward, avoids eye contact, or has odd repetitive behaviors? Early diagnosis and intervention are key for progress and recovery from autism. Where do you start if you think your child might be on the autism spectrum? What possible treatments are available? The autism spectrum is larger than just autism; it includes ADD, ADHD, Aspersers, PDD, HFA and others. Come and find out what can be helpful.

Christel King is an advocate for "Defeat Autism Now" (DAN), Generation Rescue and Autism Research Institute. She is a conference speaker and assists families all over the country touched by autism. Christel will give you hope as she shares the story of recovery concerning her son. Christel and her husband, Chad, are Youth and Children Pastors at Assembly of God Christian Center in Vergennes, Vermont.

Today's Blended Families - This is so NOT the Brady Bunch

- Tammy Lamson

Most of us grew up watching the funny weekly sitcom "The Brady Bunch". While entertaining, this show was certainly not a realistic depiction of what it takes to blend two or more families together. In this class, we'll discuss the realities of today's blended family and talk about practical ways to navigate issues that are unique to this type of family unit. Whether you are about to become part of a blended family or are already in one, this class is for you!

Tammy Lamson lives in Raymond, Maine with her husband, Scott, of 17 years. Both previously married, brought two children into their family who are now 22, 20, 20, and 19. She looks forward to sharing insight that she hopes will help and encourage you.

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Living the Gluten Free Lifestyle - Suzanne Ludlam

Are you, one of your family members, or a friend, living with the challenge of eating gluten free? If you'd like to know more about the GF lifestyle, celiac disease, gluten intolerance and sensitivity, and what's behind this hidden epidemic, join us for an informative and interactive time together.

Suzanne was diagnosed with celiac disease in 2002, and her husband in 2007. She is thankful to be the mother of three wonderful grown children, "Grammy" to seven precious grand children, a pastor's wife, sectional WM Rep, and president of the Celiac Support Group of Vermont.

Craft: Button Necklace - Lisa Sinclair (\$6 fee) (24 Maximum)

This workshop will teach you how to create a necklace using buttons of assorted colors. Be your own designer! They are easy to make.

Lisa has been involved in the Girls Ministries at First Assembly of God in Fort Kent, Maine for over eight years, and has been a Sunday School teacher for over 10 years. In these ministries she has become known for her crafting talent, and helps the children express themselves through creativity. She is married, and has one daughter who enjoys crafting with her.

"I'm Saved. He's Not. What now God?" - Constance McFarland

If your husband does not know Jesus as his Lord and Savior, this workshop is for you! Your home can be a war zone when you are trying to live for God and your husband is not. Constance will share what God taught her when she found herself in a marriage, as a new Christian, married to an unbeliever. What do you do when you want to tithe and your husband does not? What do you do when you disagree about what is best for your children? How do you stay married to a man who does not share your love of God? How do you create a godly home when you and your husband are not in agreement? This workshop will give you biblical answers to those questions. Please join us. You will be blessed!

Constance McFarland lives with her husband, Michael, and three children in Raymond, Maine. She is called by God to encourage women and spur them on to victory in their marriages, homes, and families.

Water Aerobics - Sue Southwick (35 Maximum)

Come join us for an hour of fun and fitness in the pool under the heavenly skies from above. We'll splash and sweat together while we take care of the temple that God has blessed us with. The benefits of exercising in the pool are innumerable, there is no impact on the joints while we use the resistance of the water to improve our cardiovascular system, increase flexibility and strengthen our muscles. Sign up in advance and exercise at your own risk.

Sue Southwick has been teaching water aerobics for 29 years. She currently teaches at an indoor pool in St. Albans, Vermont.

Queen Esther's Joy - Helen Minerella

You and I are here in this time of history for God's purpose. He has positioned us to bring forth His Divine will right where you are, Esther 4:14. Our King is calling us to come up to a higher place with Him, but there will be a price to pay, are you willing to say with Esther, "If I perish, I perish" Esther 4:16? Leave it all behind, get aboard, God is up to something, He's moving, move on sisters.

Helen has followed the leading of the Holy Spirit in her life. A wife and mother of two sons who are A/G ministers, she has found the Lord faithful in all His promises. Helen has ministered at churches in youth groups, Girls Ministries and W.M. events. She and her husband, Bill, attend Healing Rain Ministries in Seabrook, New Hampshire.

Breaking Free: A Journey in Learning How to Overcome - Rev. Karrie Tidlund

Life has many types of setbacks and disappointments. Some come from temptation that we haven't learned to overcome, others come from expectations or hopes that didn't work out. God wants to give us the full, free life He talks about in the scripture, but many times we find ourselves living in a prison of fear, disappointment, and shame. In this workshop we will look at God's plan for "fleeing" temptation as well as how to overcome setbacks and disappointments. You don't have to continue the cycle, it's time to break free.

Karrie lives in Troy, NH. She is married to Gus and has three awesome kids, Avery, Sarina, and Eythan. Karrie serves as the youth pastor at her church in Jaffrey, where her husband is the pastor and she works two part-time jobs as well. Karrie originates from Missouri but has lived in New Hampshire for the past four years.

Eating Disorders and Body Image...So, What's Really Going On? - Suzanne Pelletier (\$6 fee) (15 Maximum)

Suzanne is the founder of www.GoodbyeBulimia.com. This website is about one woman's story of her nine-year challenge with bulimia nervosa, a compulsive eating disorder. She was also, for a brief period, in bondage to anorexia. Suzanne could not stop her food addiction! She was trapped from age of 16 to 25. Although she tried various counselors, small group therapy sessions, and self-education, nothing helped her. Bulimia nervosa also became a "gateway" for other self-destructive behaviors including alcohol abuse, drug experimentation, destructive sexual behavior, and finally, a thorough plan for suicide. Suzanne's message is "You can be free, too!" Suzanne shares that freedom came ONLY via a relationship with Jesus Christ! She wants you to "Replace your need to feed with peace!" All workshop participants will receive a personal 8½ x11 print of "Steps to Freedom," an eating disorder guide that is sold on her website.

Craft: Jewelry Beading - Rena Trepanier (\$6 fee) (12 Maximum)

Plan and design your own bracelet or necklace in this beading workshop. Be warm/cool analyzed to correctly choose your personal bead colors for your skin tone; learn how to design your piece; string your beads; and finish off your piece with a simple clasp.

Rena resides in Vergennes, Vermont with her husband Bob. Their priorities these days involve spending several days a week visiting their grand daughters. Rena is a longtime member of Assembly of God Christian Center and is actively involved in several church ministries. She has been designing jewelry for a while now and enjoys making them for friends and family. In her spare time, Rena operates an online Personal Image and Color Certification business from home mentoring women on an international basis.